



VHW Summer Camp

at Vougar Honors Wrestling

The VHW Staff of Champions

Vougar Oroudjov

Head Coach Nassau CC
2012 NJCAA Coach of the Year
2x World Champion
Olympic Medalist

Vito Arujau

Cornell Wrestler
NCAA All-American
2X World Silver Medalist
4X NYS HS Champion

Nick Arujau

Cornell University Wrestler
3x New York State Champion

Carlos Restrepo

Div3 NCAA National Finalist



3 Chances to Train with the VHW Championship Team

Dates: June 27 - July 1
July 11 - July 15
July 18 - July 22

Location: 235- I Robin's Lane
Syosset, NY 11791
Next To Powerhouse Gym

Hours: 9am - 2pm

Cost: \$275

Contact: Vougar
Phone: 1 (516) 851 - 5790
Email: oroudjovvugar@yahoo.com
Website: vhwclub.net

Each session will cover different material

Please make Checks payable to VHW Club. Mail to: 39 Raynham Drive, Syosset, NY 11791 (send with form below)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please check the camp(s) you will be attending: Cost: \$275 per camp

June 27 - July 1 _____ July 11 - July 15 _____

July 18 - July 22 _____ Total Enclosed _____

18 and under must have signed waiver by parent or guardian

USA Card Required

Area Hotels

Fairfield Inn by Marriott

24 Oak Dr, Syosset, NY 11791
(516) 921-1111 | [Reservations](#) [More Info](#)

Executive Inn at Woodbury

8030 Jericho Tpke, Woodbury, NY 11797
(516) 921-8500 | [Reservations](#) [More Info](#)

Four Points by Sheraton

333 S Service Rd, Plainview, NY 11803
(516) 694-8500 | [Reservations](#) [More Info](#)

Hilton Garden Inn

1575 Round Swamp Rd, Plainview, NY 11803
(516) 755-5552 | [Reservations](#) [More Info](#)

BEST WESTERN Woodbury Inn

7940 Jericho Tpke, Woodbury, NY 11797
(800) 7807234 | [Reservations](#) [Website](#)