

## **2011 WANTAGH 3 STYLE WRESTLING**

- **Get a head start on the 2011 wrestling season. The 3 Style Wrestling Club is proud to announce 4 days of practice per week. Freestyle / Greco workout's for the upcoming events including States and Fargo.**

### **SESSION DATES \*\*\*\***

**MONDAY, MARCH 7, 2011 SIGN UP AND PRACTICE**

**MARCH DATES: 03/07, 03/08, 03/09, 3/10, 03/14, 03/15, 03/16, 03/17, 03/21, 03/22, 03/23, 03/24**

**APRIL DATES: 04/04, 04/05, 04/06, 04/07, 04/11, 4/12/04/13, 04/14, 04/27, 04/28**

**MAY DATES: 05/02, 05/03, 05/04, 05/05, 05/06, 05/07, 05/08, 05/09**

**PRACTICES WILL BE HELD MON, TUE, WED AND THUR FOR HS WRESTLERS FROM 7:30 P.M. TO 9:00 P.M.**

**YOUTH WRESTLERS: 2 TIMES PER WEEK ON MON / WED FROM 6:00 P.M. TO 7:15 P.M.**

**THE CLINIC WILL BE UNDER THE DIRECTION OF PAUL GILLESPIE, CO-HEAD COACH OF WANTAGH HIGH SCHOOL AND CO-HEAD COACH JAMES MURPHY.**

**COACHING STAFF INCLUDES: TERRY MADDEN, ASSISTANT COACH HOFSTRA UNIVERSITY, FORMER NATIONAL CHAMPION; RAY HANLEY JR., WANTAGH MIDDLE SCHOOL HEAD WRESTLING COACH; JASON LAYTON, 2X JR. COLLEGE ALL AMERICAN AND OTHER FEATURED GUESTS..**

**PRICE: YOUTH \$100.00      HIGH SCHOOL \$150.00**

**ALL WRESTLERS MUST HAVE A USA CARD FOR INSURANCE PURPOSES WWW.THEMAT.COM ( FOLLOW DIRECTIONS )**  
**IF YOU NEED HELP, CONTACT MR. LOEW CELL 516-679-4666**